

MOTIVATIONAL INTERVIEWING

DATE & TIME: February 2, 2016 & February 23, 2016 9:00 AM – 4:00 PM
(ATTENDANCE FOR BOTH DATES ARE MANDATORY)

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: San Fernando Valley Community Mental Health Center Administration
16360 Roscoe Blvd., 2nd Floor
Van Nuys, CA 91406

PARKING: Free Parking on site through free valet or in any “unmarked” parking spaces. **Do not park in any spaces marked “Reserved for SFVCMHC-Admin Staff Only.”**

The goal of this training is to teach the theoretical and conceptual underpinnings of Motivation Interviewing and equip clinicians with motivational interviewing techniques to “meet the consumers where they are at,” thereby improving clinical outcomes, consumer engagement and retention. The stages of change and the four processes of Motivational Interviewing will be reviewed. Participants will gain familiarity with opening strategies designed to elicit “change talk” from the consumer who presents in the early stage of change. The Adherence and Competence Feedback Form will likewise be reviewed. A discussion about cultural relevance and modification of the technique to address the consumer’s cultural perspective will be discussed utilizing participants’ caseload examples.

TARGET AUDIENCE: DMH directly operated and DMH contract adult providers only

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Identify the theoretical and conceptual makeup of Motivational Interviewing.
2. Explain how individuals engage in and resist change.
3. Name the 4 core processes of Motivational Interviewing.
4. Explain how Motivational Interviewing can increase consumer retention and engagement.
5. Apply opening strategies to elicit “change talk” in consumers.
6. Explain how Motivational Interviewing promotes recovery.
7. Discuss how individuals of various cultural and ethnic backgrounds may respond to the motivational intervention.
8. Design a Motivational Interviewing session using all the Motivational Interviewing tools.
9. Utilize a consumer’s “change talk” to support their recovery process.
10. Apply appropriate treatment techniques based on consumer’s level of motivation.
11. Review video of a session while rating it using the Adherence and Competence Feedback form.
12. Assist the consumer in developing a change plan that is consistent with their stage of change.

CONDUCTED BY: Ahndrea Weiner, M.S., LMFT, LPCC Matrix Institute

COORDINATED BY: Stephanie Maruska, M.A., Training Coordinator
smaruska@dmh.lacounty.gov

DEADLINE: When maximum capacity is reached

CONTINUING EDUCATION: 12 BBS, BRN, CAADAC
CE for Psychologist

COST: NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General



County of Los Angeles Department of Mental Health
NON-DMH STAFF TRAINING APPLICATION FORM
Please Print or Type



Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html.

Training Title

(as in DMH bulletin) **MOTIVATIONAL INTERVIEWING**

Date(s) **February 2, 2016 & February 23, 2016**

Training Coordinator: **Stephanie Maruska, MA**

County Employee Number

(non-county employees supply the last four digits of the SSN)

Name

Program, Service or
Agency

Job Title

Address

City

Zip Code

Telephone

Email

License or Credential Number(s) (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be processed if not signed by supervisor)

Print Supervisor Name

Supervisor's Signature

For processing, please return Application to:
Los Angeles County-Department of Mental Health
Adult System of Care (ASOC)
550 S. Vermont Ave, 3rd Floor
Los Angeles, CA 90020

Fax: 213.427.6178

Phone: 213.738.3077

Email: smaruska@dmh.lacounty.gov

(When faxing, there is no need to use a cover sheet)